

WE OFFER **BUDGETING** ASSISTANCE



We can help you, our neighbors, with Income Management.
We have highly-trained Community Service Specialists that will walk you through the management of your household income, starting with completing a monthly budget. Community Service Specialists work hand-in-hand with you to help set and accomplish goals, overcome barriers, and assess progress in order for you to become self-sufficient.

Those interested in applying for assistance may do so by calling **246-6180** or visiting **helpingneighbors.com**.



Upper East Tennessee
Human Development Agency



community
Action
PARTNERSHIP



Our Neighborhood Service Centers serve the 8 counties of Northeast Tennessee



- 1. Bristol Neighborhood Service Center**
713 Volunteer Parkway, Suite G, Bristol, TN 37620
- 2. Carter County Neighborhood Service Center**
1739 Highway 19E, Elizabethton, TN 37643
- 3. Greene County Neighborhood Service Center**
1128 Tusculum Boulevard, Office C, Greeneville, TN 37745
- 4. Hancock County Neighborhood Service Center**
1197 Main Street, Sneedville, TN 37869
- 5. Hawkins County Neighborhood Service Center**
904 East Main Street, Suite 1, Rogersville, TN 37857
- 6. Johnson County Neighborhood Service Center**
784 South Shady Street, Mountain City, TN 37683
- 7. Kingsport Neighborhood Service Center**
301 Louis Street, Kingsport, TN 37660
- 8. Unicoi County Neighborhood Service Center**
1413 N Main Avenue, Erwin, TN 37650
- 9. Washington County Neighborhood Service Center**
125 E Jackson Boulevard, Suite 11A, Jonesborough, TN 37659

If you need assistance, we encourage you to visit one of the Neighborhood Service Centers located throughout our region. The centers are open Monday through Friday, from 8am to 4:30pm, and closed all federal holidays.

 **To contact your Neighborhood Service Center call (423) 246-6180.**

Follow the prompts to reach the center in your county.

