



Commodities

Emergency Food Assistance

The Emergency Food Assistance Program, TEFAP, also known as Commodities, is a Federal program that helps supplement the diets of low-income Americans, including elderly emergency food and nutrition assistance at no cost. The food boxes are distributed by Neighborhood Service Center (NSC) staff at quarterly events. Contact your NSC to find out when the next event will be in your area.



The Commodities provide a variety of nutritious free foods that enable low-income families to stretch their grocery dollars. UETHDA distributes the USDA foods in nine different locations throughout the eight-county service area.

Items are distributed on a first-come, first-served basis to income-eligible households until all commodities are gone. Recipients must be Tennessee residents and have a commodity identification card in order to pick up commodities.

Any proxy picking up commodities must be authorized on their application.



Upper East Tennessee
Human Development Agency

For more information call (423) 246-6180
or visit helpingneighbors.com.

Our Neighborhood Service Centers serve the 8 counties of Northeast Tennessee

1. Bristol Neighborhood Service Center

713 Volunteer Parkway, Suite G, Bristol, TN 37620

2. Carter County Neighborhood Service Center

1739 Highway 19E, Elizabethton, TN 37643

3. Greene County Neighborhood Service Center

1128 Tusculum Boulevard, Office C, Greeneville, TN 37745

4. Hancock County Neighborhood Service Center

1197 Main Street, Sneedville, TN 37869

5. Hawkins County Neighborhood Service Center

904 East Main Street, Suite 1, Rogersville, TN 37857

6. Johnson County Neighborhood Service Center

784 South Shady Street, Mountain City, TN 37683

7. Kingsport Neighborhood Service Center

301 Louis Street, Kingsport, TN 37660

8. Unicoi County Neighborhood Service Center

1413 N Main Avenue, Erwin, TN 37650

9. Washington County Neighborhood Service Center

125 E Jackson Boulevard, Suite 11A, Jonesborough, TN 37659



If you need assistance, we encourage you to visit one of the Neighborhood Service Centers located throughout our region. The centers are open Monday through Friday, from 8am to 4:30pm, and closed all federal holidays.

 **To contact your Neighborhood Service Center call (423) 246-6180.**

Follow the prompts to reach the center in your county.

