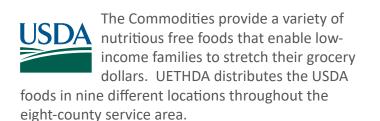
## **Commodities** Emergency Food Assistance

The Emergency Food Assistance Program, TEFAP, also known as Commodities, is a Federal program that helps supplement the diets of low-income Americans, including elderly emergency food and nutrition assistance at no cost. The food boxes are distributed by Neighborhood Service Center (NSC) staff at quarterly events. Contact your NSC to find out when the next event will be in your area.



Items are distributed on a first-come, firstserved basis to income-eligible households until all commodities are gone. Recipients must be Tennessee residents and have a commodity identification card in order to pick up commodities.

Any proxy picking up commodities must be authorized on their application.



Upper East Tennessee Human Development Agency For more information call (423) 246-6180 or visit helpingneighbors.com.

## Our Neighborhood Service Centers serve the 8 counties of Northeast Tennessee



- 7. Kingsport Neighborhood Service Center 301 Louis Street, Kingsport, TN 37660
- 8. Unicoi County Neighborhood Service Center 1413 N Main Avenue, Erwin, TN 37650
- 9. Washington County Neighborhood Service Center 125 E Jackson Boulevard, Suite 11A, Jonesborough, TN 37659

**Upper East Tennessee** 

Human Development Agency

The centers are open Monday through Friday, from 8am to 4:30pm, and closed all federal holidays.

## To contact your Neighborhood **Service Center call** (423) 246-6180.

Follow the prompts to reach the center in your county.

