

UPPER EAST TENNESSEE REGIONAL FOOD RESOURCES



Upper East Tennessee
Human Development Agency

helpingneighbors.com

The food resource list is accurate to the best of our knowledge at the time of publishing.

Any omissions in the list are accidental.

If you have an additional resource(s) to add or a correction to an existing listing, please contact us so that we can update the information.



CARTER COUNTY

ARM Ministry

714 W C St.
Elizabethton, TN
423-542-0919

Eastside Freewill Baptist Church

704 Siam Road
Elizabethton, TN
423-543-3454

Elizabethton Senior Citizens Meals on Wheels

428 G St.
Elizabethton, TN
423-543-4362

First Baptist Church

212 E F St.
Elizabethton, TN
423-543-1931

First Christian Church

513 Hattie Avenue Ln.
Elizabethton, TN
423-542-5651

Hales Ministry

1301 Arney St.
Elizabethton, TN
423-547-2560

Little Milligan Care & Share

4223 US 321
Butler, TN
423-768-2214

Loaves & Fishes

1200 19E Bypass
Elizabethton, TN
423-543-4901

Phillippi Baptist Church

200 Horace Leftwich
Elizabethton, TN
423-741-7701

Range Community Chrisitan Pantry

175 Hart Rd.
Elizabethton, TN
423-416-2112

Good Samaritan Thrift Store

US 19-E
Roan Mountain, TN
423-772-4411

Unaka Baptist Church

1598 TN-91
Elizabethton, TN
423-474-2224

Valley Forge Baptist Church

1503 Riverview Dr.
Elizabethton, TN
423-542-5344

GREENE COUNTY

Appalachian Helping Hands

3220 St. James Rd
Greeneville, TN
423-636-0098

C.A.R.E. Warming Center

766 W. Andrew Johnson Hwy
Greeneville, TN
423-620-9786

Cedar Creek Presbyterian Church

14 Cedar Creek School Rd
Greeneville, TN
423-552-3552



Cedar Hill Shepherd's Table

4170 Newport Hwy
Greeneville, TN
423-638-0268

Greeneville Adventist

120 Idletime Drive
Greeneville, TN
423-638-5014

Greeneville/Greene Co.

Community Ministries
107 N. Cutler St.
Greeneville, TN
423-638-1667

Lick Creek Valley FWB Church

2515 Mt. Carmel Rd. Mosheim
Greeneville, TN
423-416-8728

McDonald Mission Center

75 Ailshie Lane, Mohawk
Greeneville, TN
423-736-0623

Northern Greene Co. Churches

United in Love Ministry

1145 Smith Mill Rd
Greeneville, TN
423-528-4346

St. James Episcopal Church

107 W. Church St
Greeneville, TN
423-638-6583

Tabernacle Mission

715 Wesley Ave
Greeneville, TN
423-342-7006

Thrive Ministry

116 N. Rufe Taylor Rd
Greeneville, TN
423-278-8058

Trinity's Table

524 Tusculum Blvd
Greeneville, TN
423-863-6565

Hunger First

965 E. Andrew Johnson Hwy
Greeneville, TN
423-767-4794

HANCOCK COUNTY

Jubilee Project

197 Jockey Street
Sneedville, TN
423-733-4195

Shepherd's Corner

164 Jail Street
Sneedville, TN
423-733-1505

HAWKINS COUNTY

John Waddle's Food Distribution

495 Gap Creek Road
Bulls Gap, TN
423-620-2199

Church Hill Food Bank

401 Richmond Street
Church Hill, TN
423-357-7228

Church Hill Senior Center

401 Richmond St.
Church Hill, TN
423-357-5387

Mooreburg Community

318 McNeil Circle
Mooreburg, TN
423-293-0073



Neighborly Meals Program

306 East Main Street
Rogersville, TN
423-921-8036

Of One Accord

306 E. Main Street
Rogersville, TN
423-921-8044

Rogersville Senior Center

407 E. Main St.
Rogersville, TN
423-272-9186

The Shepherd's Center

306 E. Main Street
Rogersville, TN
423-272-4626

JOHNSON COUNTY

Bethany Baptist Church

5950 Hwy. 67
Mountain City, TN
423-223-8951

Community Church

167 W. E. Neatherly Rd.
Mountain City, TN
423-727-8547

Doe Valley Methodist Church

1779 Hwy. 421 North
Mountain City, TN
423-727-7846

First Christian Church

401 W. Main St.
Mountain City, TN
423-727-9151

Hales Ministries

359 Industrial Dr.
Mountain City, TN
423-727-1521

Little Milligan Care and Share

4206 Hwy. 321
Butler, TN
423-768-3194

Mountain City Presbyterian Church

517 Fairground Lane
Mountain City, TN
423-727-7992

Saint Anthony's Bread

833 W. Main St.
Mountain City, TN
423-727-8687

SULLIVAN COUNTY (BRISTOL)

Bristol Emergency Food Pantry

21 Washington St.
Bristol Va, TN
423-571-4449

First Trinity Church

935 Massengill Rd.
Blountville, TN
540-674-4131

Haven of Rest

624 Anderson St.
Bristol, TN
423-968-2011

House of Prayer

1537 Maryland Ave.
Bristol, TN
423-578-4317

New Life Baptist Church

1000 Hendrickson Ln.
Bluff City, TN
423-538-9017

Rockhold UMNC Food Pantry

4157 Rockhold Rd.
Bluff City, TN
423-389-2099



Salvation Army

137 MLK, Jr.Blvd.
Bristol, TN
423-764-6156

**Second Harvest Monthly
Delivery for Seniors 65+**

VA Ave UMC 1127.
Bristol, TN
423-279-0430

SULLIVAN COUNTY (KINGSPORT)

Central Baptist Church

301 Carver St.
Kingsport, TN
423-245-6978

Colonial Heights Baptist Church

108 Colonial Heights Rd.
Kingsport, TN
423-239-5123

Colonial Heights Christian Church

105 Meadow Ln.
Kingsport, TN
423-239-2500

Crossroads United Methodist Church

200 Bays Cove Trail
Kingsport, TN
423-246-2982

First Baptist Church

3358 Hwy 26
Blountville, TN
423-323-8033

First Broad Street United Methodist Church

100 E Church Circle
Kingsport, TN
423-224-1531

First Christian Church

106 E. Charlemont Ave
Kingsport, TN
423-247-5159

Help and Hope Ministries

St Luke United Methodist Church
2600 E Center St.
Kingsport, TN
423-765-2552

Heritage First Church of God

470 Rock prings Rd.
Kingsport, TN
423-245-4988

Higher Ground Baptist Church

1625 Lynn Garden Dr., Building C
Kingsport, TN
423-245-3141

Hope Helps TN

4540 W Stone Dr., Suite I
Kingsport, TN
423-530-7156

Hunger First

1697 Lynn Garden Dr.
Kingsport, TN
423-765-0113

Indian Springs Community Mission Center

406 Cooks Valley Rd
Kingsport, TN
423-276-4715

Ketron Memorial Methodist

301 Virgil Ave.
Kingsport, TN
423-246-6792

Orebank Missionary Baptist Church

5930 Orebank Rd.
Kingsport, TN
423-288-4881



Rock Springs Methodist Church

227 Church View Dr.
Kingsport, TN
423-349-7531

Salvation Army

505 Dale St.
Kingsport, TN
423-246-6671

Second Harvest Mobile Food Pantry

Arcadia United Methodist Church
3954 Bloomingdale Rd, Kingsport, TN
1st Monday of each month at 1 pm

@ George Washington School Apartments
205 E. Sevier Ave., Kingsport, TN
1st Friday of each month at 11 am

@Holston Terrace
1924 Bowater Dr. , Kingsport, TN
1st Friday of each month at 12:30 pm

@ Kiwanis Towers (Seniors Only)
2701 E. Center St., Kingsport, TN
2nd Wednesday of each month at 9:30 am

@ Forest Ridge Manor (Seniors Only)
1252 Bloomingdale Pike, Kingsport, TN
2nd Wednesday of each month at 11 am

@ Finley Villa Apartments (Seniors Only)
100 Finley Villa Private Ct., Kingsport, TN
2nd Wednesday of each month at 12 pm

@Maple Oak Apartments
818 Oak St., Kingsport, TN
3rd Wednesday at 2 pm

Meals On Wheels
727 N Eastman Rd, TN
423-247-4511

@Glen Alpine United Methodist Church
3200 Glenn Alpine Rd., Kingsport, TN
3rd Wednesday of each month at 3:45 pm

Shades of Grace United Methodist

313 E. Sullivan St.
Kingsport, TN
423-765-2440

St. Paul's Episcopal Church

161 E. Ravine Rd
Kingsport, TN
423-245-5187

The Storehouse

2401 N. John B Dennis Hwy
Kingsport, TN
423-288-2211

Sullivan County Health Department

1040 E, Sullivan St.
Kingsport, TN
423-279-2777

Tri-City Worship Church

121 Jack White Dr.
Kingsport, TN
833-245-33298

Vermont United Methodist Church

1817 Bloomingdale Pike
Kingsport, TN
423-288-2801

Vernon Heights Baptist Church

2547 Russell St.
Kingsport, TN
423-230-8888

Waverly Road Presbyterian Church

1415 Waverly Rd
Kingsport, TN
423-247-5121

UNICOI COUNTY

Cherry Grove Baptist Church

104 Cherry Grove Rd,
Jonesborough, TN
423-753-2033

Department of Human Services (Food Stamp Office)

724 Ohio Ave
Erwin, TN
423-735-1280

First Baptist Church

200 Love St
Erwin, TN
423-743-9156

Southside Baptist Church

1313 Chestoa Pike
Erwin, TN
423-735-7795

WASHINGTON COUNTY

Central Church of Christ's Food Pantry

2722 E. Oakland Ave.
Johnson City, TN
423-282-1571

Cherry Grove Baptist Church

104 Cherry Grove Rd,
Jonesborough, TN
423-753-2033

Good Samaritan Ministries

100 N Roan St,
Johnson City, TN
423-928-0288

Grace Manor Mobile Food Pantry

For Jonesborough, Limestone,
146 N Lincoln Ave. STE 251
Jonesborough, TN
423-791-9364

Gray Community Chest

113 Gray Ruritan Dr
Gray, TN
423-913-2695

Haven of Mercy

123 W Millard St,
Johnson City, TN
423-929-0616

Jonesborough Area Ministerial Assoc.

(JAMA) Food Pantry
Inside Wetlands WaterPark Area
Jonesborough, TN
423-0753-2942

Melting Pot

Munsey Memorial UM Church
201 S Roan St,
Johnson City, TN
423-461-8070

Parkway Food Pantry

219 University Pkwy,
Johnson City, TN
423-926-5841

Salvation Army

204 W Walnut
Johnson City, TN
423-926-2101

St. Mary's Food Pantry

2211 E Lakeview Dr,
Johnson City, TN
423-282-6367

The Community Help Center

1591 Highway 81 N,
Jonesborough, TN
423-788-0050